

# BMCC Student Health & Wellness Resource Center

Phone: 541-278-5965

[hope@bluecc.edu](mailto:hope@bluecc.edu)



## Area Resources: Hermiston

### Mental Health Therapists and Clinics

#### ***Psychological Solutions:*** Hermiston (541) 289-7777

- Jennifer Cooper, Ph.D
- Douglas Marlow, Ph.D
- Heather Bacon, Ph.D

#### ***Palisades Counseling Center:*** Hermiston (541) 567-9414

- Marie Peck, LCSW
- Michael Foss, LCSW

#### ***Lifeways:*** Hermiston

- 595 NW 11<sup>th</sup> 541-567-2536
- 1055 Hwy 395 541-4473

#### ***Hope For Healing Counseling:***

- Debbie Scheuning 541-564-8454

#### ***Good Samaritan Ministries Counseling***

- 319 W. Locust Avenue 541-564-1041

#### ***True North Psychiatric Solutions***

- 325 Leaf Lane 541-289-1637

\*The ***Student Health & Wellness Resource Center*** is located in the Garrett Lee Smith Memorial Library on the Pendleton BMCC campus. The Center exists to provide hope and encouragement to students who may feel overwhelmed by life circumstances. We provide short-term counseling, Disabilities Services, educational workshops, life coaching, and suicide awareness and intervention training.

**Individual:**

Rhonda Riley, MA	(541)564-8100
Sara Ellingson, LCSW	(509) 350-2827
Pamela Stonecypher , LPC	(541) 922-3834
Carolyn Garrett	(541) 215-3428
Elwood Koenig	(541)567-3363
Lori Williams LCSW	(541)567-5778
Jan Levy, LCSW	(541)567-3092
Grant Cooney	(541)567-7424

**Hermiston Community:**

CAPECO	456 Gladys Ave	(541) 567-7889
Agape House	500 W. Harper Road	(541) 567-8774
Domestic Violence Services		(800) 833-1161
Dept. of Motor Vehicles	945 SE 4 <sup>th</sup>	(541) 567-3804
Oregon Child Development Coalition		(541) 564-8011
Umatilla County Housing Authority		(541) 567-3241
Temporary Aid to Needy Families		
TANF		(541)567-2213
Workforce Development		(541)567-7889
WIC (Women, Infant & Children)		(541)564-6878
Community Health Clinic		(541)564-5994
Urgent Care		(541)567-1137
Good Shepherd Hospital		
Gifford Medical		(541)567-2995
Umatilla Co. Public Health		(541)567-3113
Parks & Recreation		(541)667-5018
Migrant Head Start		(541)567-2250
Car Seat Program		(541)564-6878
Pacific Power & Light		1(800)752-1139

**Hotlines**

AIDS Hotline	1 (800) 777-2437
Alcohol Abuse & Addiction	1 (800) 274-2042
Man to Man Support	(541) 963-7964
Narcotics Anonymous	1 (800) 890-0796
National Child Abuse Hotline	1 (800) 422-4453
Parents without Partners	1 (800) 637-7974
Suicide Prevention Hotline	1 (800) 784-8433
Tobacco Quit Line	1 (877) 270-STOP