



BMCC PENDLETON  
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## FOR IMMEDIATE RELEASE

Feb. 6, 2018

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## Positive Parenting Program promotes resilient, confident kids

PENDLETON, Ore. – Parents, parents-to-be, grandparents, and childcare providers are invited to participate in the Positive Parenting Program to learn tools and resources to raise resilient, competent and confident children. The free workshops, hosted by Blue Mountain Community College’s Health and Wellness Resource Center, take place Feb. 8 and 15 from 6-7:30 p.m. in Morrow Hall Room 208 on the Pendleton campus. Childcare is provided.

The program is geared towards parents and child care providers for children ages 0-12. Contact Health and Wellness Resource Center Director Shayne Arndt, [sarndt@bluecc.edu](mailto:sarndt@bluecc.edu), for more information.

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