Victim Assistance
Blue Mountain Community College is committed to preventing sexual assaults and other crimes. In the event that such a crime occurs, the college will make appropriate referrals through its Student Health and Wellness Resource Center, Office of Student Affairs, and/or Human Resources. The following agencies provide counseling and other services for victims of sexual assault:

Pendleton
Umatilla County Health Dept. (541) 278-5432
Domestic Violence Services (541) 278-0241
24-Hour Crisis Line (541) 966-3651
Emergency (541) 966-3651
Lifeways Lifeline (541) 276-6207
Crisis Line (541) 866-343-4473

Hermiston
Umatilla County Health Dept. (541) 278-5432
Domestic Violence Services (541) 278-0241
24-Hour Crisis Line (541) 966-3651
Emergency (541) 966-3651
Lifeways Lifeline (541) 276-6207
Crisis Line (541) 866-343-4473

Milton Freewater
Umatilla County Health Dept. (541) 278-5432
Domestic Violence Services (541) 278-0241
24-Hour Crisis Line (541) 966-3651
Emergency (541) 966-3651
Lifeways Lifeline (541) 276-6207
Crisis Line (541) 866-343-4473

Baker County
Baker County Health Dept. (541) 523-8211
May Day, Inc. (541) 523-9472
Baker County Sheriff (541) 523-6415
New Directions Health & Wellness (541) 523-3646
Crisis Line (541) 519-7126

Temporary Restraining Orders
Umatilla County Courthouse
Civil Division
4700 NW Pioneer Place
Pendleton, OR  97801
541-966-3600
civil@umatillacounty.net

Baker County Circuit Court
1995 3rd St., Suite #220
Baker City, OR  97814
541-523-6305
http://courts.oregon.gov/Baker/Pages/index.aspx

BMCC Title IX Officers
Associate Vice President Human Resources
(541) 278-5850
Vice President of Student Affairs
(541) 278-5796

Crime reporting
BMCC Pendleton
Associate Vice President Human Resources
(541) 278-5850

BMCC Hermiston
Sr. Associate Vice President Branch Campuses
(541) 567-1800

BMCC Milton Freewater
Associate Vice President Milton Freewater
(541) 938-4082

BMCC Baker County
Associate Vice President Baker County
(541) 523-9127

For more information about BMCC’s Campus Safety policies and resources please visit the website at:  www.bluecc.edu

It is the policy of the Blue Mountain Community College Board of Education and School District that there will be no discrimination or harassment on the grounds of race, color, sex, marital status, sexual orientation, religion, national origin, age or disability in any educational programs, activities or employment. Persons having questions about equal opportunity and nondiscrimination should contact the Vice President of Student Affairs at 150 Morrow Hall, Phone 541-278-5796 or TDD 541-278-2174.
Sexual assault, dating violence, domestic violence and stalking will only be stopped by telling someone.

You ARE NOT ALONE: According to a 2011 nationwide survey, one in five women and one in seven men will be the victim of sexual assault in their lifetime.

You ARE NOT GOING CRAZY: Sexual abuse survivors often feel alone and powerless. Guilt, shame and fear are common feelings.

HEALING IS POSSIBLE: Recovery takes time, but there are a number of things that can help.

If you are hurt
- Call 9-1-1.
- Preserve evidence.
- Keep torn or bloodied clothing and go to the hospital emergency department for treatment.
- Do not bathe or wash.
- Ask someone to photograph your injuries.

Fight Back
Because each situation is different, no one can list actions that are guaranteed to protect against acquaintance or stranger rape. But there are some tactics to think about.
- Talk, stall for time and assess your situation. Do not go with an attacker.

Bystander intervention
- Never put yourself in a dangerous situation. Do not try to mediate.
- Call 911 or the BMCC Health & Wellness Resource Center (541-278-5965) if you witness an assault on campus.
- Encourage friends to report abuse. Be supportive, don’t judge.
- Most victims know their assailant.
- Know that shame and guilt are normal reactions of assault victims.
- Reporting the situation can prevent others from becoming victims.

Prevention
- Avoid traveling alone at night.
- Use the “buddy system”
- Report all suspicious persons, vehicles and activities to the BMCC Health & Wellness Resource Center
- If you are on an elevator with someone who makes you feel uneasy, get off.
- Trust your instincts. If you think something’s not quite right, go where there are other people.
- Always watch your drink, do not accept beverages from someone you do not know or trust.
- Leave social events with friends, not with someone you just met.
- Look inside your car before you get in.
- Do not hitchhike or pick-up hitchhikers.